



# TRISTAN JEPSON MEMORIAL FOUNDATION LECTURE

## IS BEING A LAWYER A HEALTH HAZARD?



**actlawsociety**

The Tristan Jepson Memorial Foundation, with the support of the ACT Law Society, invites you to attend a presentation on mental health in the legal profession. Entitled "Is being a lawyer a health hazard?", the lecture will be presented by Marie Jepson, Co-founder of the Tristan Jepson Memorial Foundation, and will be followed by an informal cocktail mixer.

This event is being offered free of charge thanks to the generous support of Ben Aulich & Associates, Infinity Legal, and Russell Kennedy Lawyers.

### Is being a lawyer a health hazard?

Lawyers experience a higher incidence of mental ill-health compared to other professionals and cite avoidable workplace stress as a contributing factor. The TJMF Psychological Wellbeing: Best Practice Guidelines provide a management framework which promotes a psychologically safe and healthy workplace by implementing an ongoing improvement process. They encourage values based leadership commitment, inclusive staff participation, positive professional relationships, greater productivity as well as improved prosocial behaviour and greater support for colleagues.

#### Details

- When: Thursday 3 September 2015, at 5.30pm
- Where: ACT Supreme Court, Courtroom One
- The lecture will be followed by informal canapes and drinks
- Cost: Free (but registration is required)
- RSVP to Nicole Karman on 02 6274 0308 or email [nicole.karman@actlawsociety.asn.au](mailto:nicole.karman@actlawsociety.asn.au)

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